

Lake of the Seven Cities Worksheet

Guidelines for educators

- **Context and the area of cultural heritage:** Natural cultural heritage in Portugal
- **Description and justification:** The Lake of the Seven Cities in the island of São Miguel in the archipelago of the Azores is one of the 7 natural wonders of Portugal. The Lake of the Seven Cities is actually composed of twin lakes, one blue and one green, and there is great biodiversity in the area, including some endangered species. In this worksheet students will have the opportunity to get to know more about the lake and the Azores islands in general.
- **Duration:** 45 minutes
- **Language level:** A1+/A2
- **Prior knowledge:** Elementary knowledge of the language
- **Thematic area, grammatical and syntactical phenomena (learning objectives):** In this worksheet students will learn vocabulary about tourism and free time activities. They will also practice making comparative and superlative adjectives and the Past Simple and Past Continuous. There is also an exercise that involves vocabulary and speaking exercises about giving directions.
- **Skills developed (or benefits for students):** At the end of this worksheet, students will know how to form comparative and superlative adjectives, how to use the Past Simple and Past Continuous and their differences. They will know more vocabulary related to tourism and tourist activities, as well as ask for and give directions.

- **Material needed:** A device with access to the internet (computer, laptop, tablet, mobile phone), pen/pencil, copies of the worksheet
- **References and resources:**
 - Pacheco, D. et al. (2018). *Sete Cidades Tourist Guide*. CRESAÇOR – Azores For All (Ed.) Available at <https://azoresforall.com/static/docs/guide-7c-en.aea9887407e8.pdf>
 - *Lenda da Lagoa das Sete Cidades* (February 15, 2016). Ncultura. Available at <https://ncultura.pt/lenda-da-lagoa-das-sete-cidades/>
 - Nina (n.d.). Explore the Azores. *Animals Around the Globe*. Available at <https://www.animalsaroundtheglobe.com/explore-the-azores/>
 - *The Ultimate Itinerary of São Miguel Island (Made by An Azorean)*(July 2021). Geeky Explorer. Available at <https://www.geekyexplorer.com/sao-miguel-island-in-4-days/>
 - Discover the World Education (January 18, 2016) ‘Sete Cidades, Sao Miguel, Azores’ [Video] Youtube. <https://www.youtube.com/watch?v=jBgzTW8o73M>

Worksheet for the student

EXERCISE 1:

(Duration: 15 minutes)

Task 1

Read the Brochure about the Lake of the Seven Cities in Sao Miguel, Azores, from a tour agent who organises trips to the location. (6 minutes)

Match each title below to its paragraph.

How to get there	Reviews	Wildlife	Geography
Activities	Budget	Location	Best time to visit

Visit one of the most fascinating works of nature on the island of São Miguel, the Lake of the Seven Cities. It is the biggest lake in the Azores and some argue that it is also the most beautiful and romantic. Read our brochure to find out why.

(1) _____

The Lake of the Seven Cities is one of the 7 natural wonders of Portugal. It is a twin lake located in the western side of the island of São Miguel, in the Portuguese archipelago of the Azores.

(2) _____

São Miguel is the biggest and most populated island in the Azores and it has an airport served by national and

international flights. São Miguel is also a popular stop for cruise ships.

(3) _____

What makes the Lake of the Seven Cities so unusual is the fact that it is a twin lake located in a crater of a volcano. It actually consists of two lakes connected by a narrow strait. The two lakes are ecologically different, and because of that, one lake appears to be green, and the other blue, making up a breath-taking scenery.



(4)

The area surrounding the Lake of the Seven Cities is truly magical and it is home to many species of animals and plants. There is an abundance of flowers in the area, such as hydrangeas, azaleas and camellias. It is also an important stop for migratory birds, such as the heron and the mallard.



(5)

A trip to the Azores can be beautiful at any time of the year. The hottest months are from May to October, but you can enjoy it in the winter as well, and take the opportunity to relax in the thermal springs of the island.

(6)

There are many things to do! For those who like hiking, there are many trails of varying difficulty. The Lake is also an excellent spot to observe birds and to

practice recreational fishing. For those who enjoy being active, there are bike tours and also canoeing and paddle. If you are looking for something calmer, enjoy a horse-drawn carriage ride around the lake.

(7)

We have vacation packages that suit a range of budgets, starting from 300 Euros per person. We also create customised tours according to your needs.

(8)

Travel experts consider the Lake of Seven Cities to be an amazing holiday destination for nature lovers. Some of our previous clients left these comments:

“I had the best time with Nature Tours, they gave us a great tour of the Lake of the Seven Cities!”

“We would definitely use Nature Tours again to book our next vacation.”

Book your vacation with Nature Tours today!

Images from pixabay.com

Task 2

What activities can you do in the Lake of the Seven Cities? Tick the activities mentioned in the brochure. (4 minutes)



Task 3

Write the number that describes each activities from the previous exercise: (3 minutes)

_____ Recreational fishing

_____ Going to the beach

_____ Bungee Jumping

_____ Cycling

_____ Hiking

_____ Sight-seeing

_____ Paddle

_____ Skiing

_____ Horse-drawn carriage ride

Task 4

Discuss with a partner, which of the activities from the previous exercise have you tried? Which ones would you like to try? (1 minute)

EXERCISE 2:

(Duration: 10 minutes)

Task 1

Let's take a tour of the Lake of the Seven Cities and the surrounding areas. Open the video with this [link](#). Pay attention to the colour of the lakes, in the next exercise you will read a legend about the lake's origin. (1 minute)



Task 2

Read the sentences and form comparative or superlative adjectives. (5 minutes)

1. The Lake of the Seven Cities is _____ (big) lake in the Azores.
2. The Lake is _____ (deep) any other lakes in the area.
3. The area is one of the _____ (beautiful) Portuguese landscapes.
4. One lake is _____ (green) the other.
5. The Azores archipelago is _____ (far) from the mainland _____ Madeira.
6. The Azores are the only place in the world where you can see the small priolo - the _____ (endangered) bird species in Europe.
7. Mount Pico, the _____ (tall) mountain in Portugal, is also located in the Azores.
8. In the summer, the temperature in the Azores is _____ (low) than in the Mediterranean islands.

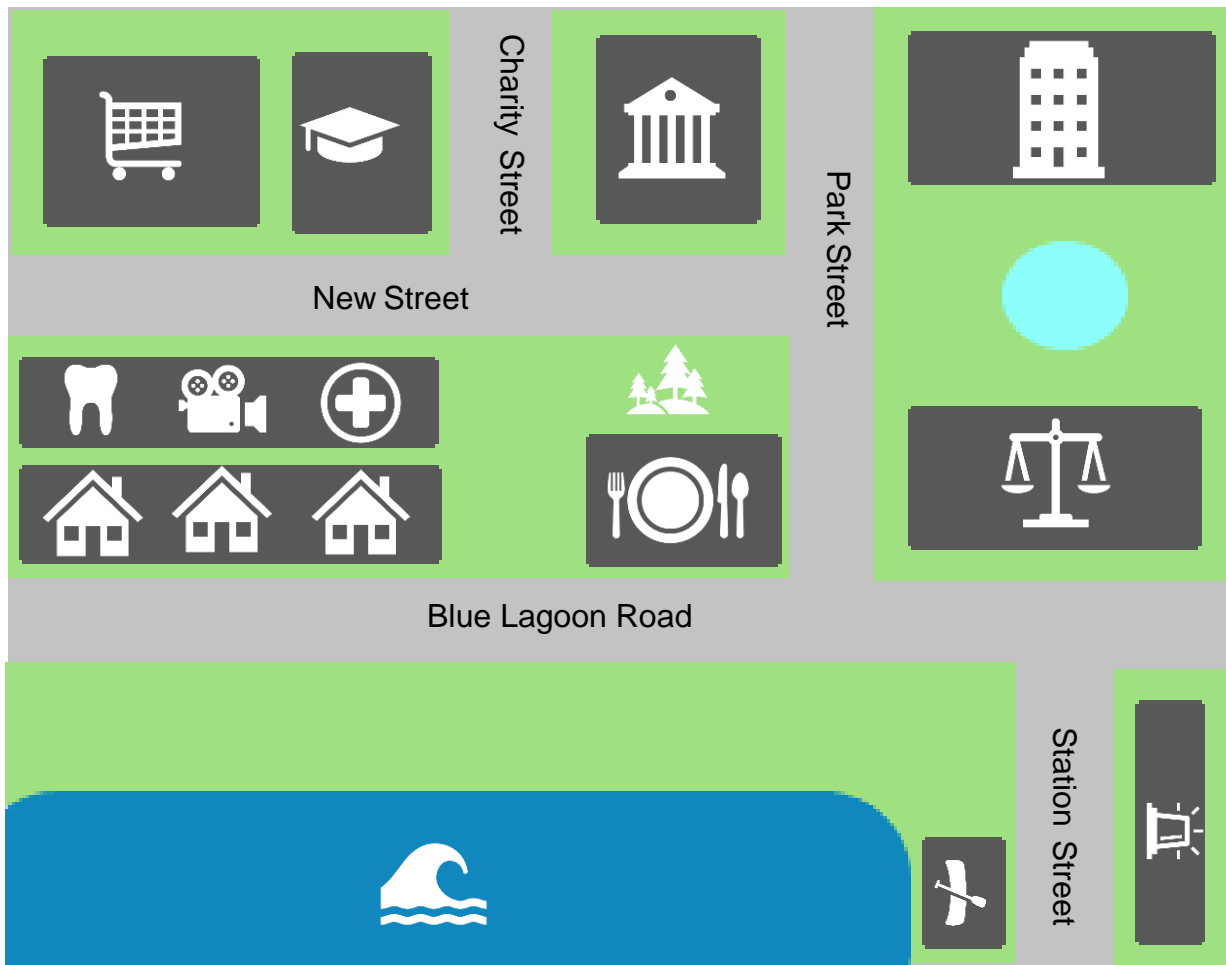
Task 3

Put the verbs in the sentences in the Present Simple or Present Continuous. (3 minutes)
















1. Nowadays, tourists _____ (become) more interested in Azores, because there _____ (to be) so many things to see.
2. The Azores _____ (receive) several species of migratory birds throughout the year.
3. At the moment, they _____ (renovate) one of its biggest hotels.
4. It _____ (rain) frequently in the Azores.
5. The Lake of the Seven Cities _____ two colours, because each lake _____ (to be) ecologically different from the other.
6. The Azorean government _____ (work) to attract more tourists to the islands.

EXERCISE 3:

(Duration: 20 minutes)



Lake City Map Key:

	Court		Supermarket		Dentist
	Police Station		Seven Cities Hotel		Lake of the Seven Cities
	Hospital		Chemist's		Cinema
	School		House		Garoupa Canoe Tours
	Park		Museum		Saudade Restaurant

Task 1

Look at the map and circle True or False for the following sentences. (5 minutes)

- 1) The school is next to the supermarket. True False
- 2) The chemist's is between the dentist and the cinema. True False
- 3) The hotel is opposite the court. True False

- 4) The park is on the corner of New Street and Charity Street. True False
- 5) The police station is next to the cinema. True False
- 6) Station Street intersects Blue Lagoon Road. True False

Task 2

Use the words from the box and complete the dialogues. (5 minutes)

Opposite	Left (x3)	New Street (x2)	Right (x4)
Welcome	Between	Blue Lagoon Road	Park Street
Restaurant	Straight		

1) (Starting from the Supermarket)

A: Excuse me. Where's Saudade Restaurant?

B: Saudade Restaurant? Go 1) _____ on 2) _____, then turn 3) _____ at the intersection with Park Street. At the end of the street, turn 4) _____ and you will see the restaurant.

A: Thank you!

B: You're 5) _____.

2) (Starting from Garoupa Canoe Tours)

A: Excuse me. Where can I find a cinema?

B: A cinema? It's a bit far from here, but there is one 6) _____ the chemist's and the dentist. From here you must turn 7) _____ on Station Street, then turn 8) _____ again at the intersection with 9) _____. Walk 50 meters until you see a 10) _____ called Saudade in the corner. When you see it, turn 11) _____ on 12) _____. Walk until the intersection with 13) _____ and turn 14) _____. Go 15) _____ on until you see a big supermarket. The cinema is 16) _____ the supermarket.

A: Thank you!

B: Anytime.

Task 3

Look at the map of Lake City from Task 1 and work with a partner. Take turns asking and giving directions according to the following prompts. You can take some ideas from the dialogues in the previous tasks. (10 minutes)

- a) You are at the dentist and want to go to the police station.
- b) You are at the hotel and want to go to the supermarket.
- c) You are at the chemist's and want to go to Garoupa Canoe Tours.
- d) You are at the Court and want to go to the school.

ANSWER KEY

Exercise 1

Task 1:

1. Location
2. How to get there
3. Geography
4. Wildlife
5. Best time to visit
6. Activities
7. Budget
8. Reviews

Task 2:

Activities mentioned in the brochure: 2, 4, 6, 8 and 9

Task 3:

- | | | |
|-------------------------------|-----------------------------|------------------------------------|
| <u>9</u> Recreational fishing | <u>7</u> Going to the beach | <u>3</u> Bungee Jumping |
| <u>4</u> Cycling | <u>2</u> Hiking | <u>1</u> Sight-seeing |
| <u>8</u> Paddle | <u>5</u> Skiing | <u>6</u> Horse-drawn carriage ride |

Task 4:

Students' own answers

Exercise 2

Task 1: Watch the video.

Task 2:

1. The Lake of the Seven Cities is **the biggest** lake in the Azores.
2. The Lake is **deeper than** any other lakes in the area.
3. The area is one of the **most beautiful** Portuguese landscapes.
4. One lake is **greener than** the other.
5. The Azores archipelago is **farther/further** from the continent **than** Madeira.

6. The Azores are the only place in the world where you can see the small priolo - the **most endangered** bird species in Europe.
7. Mount Pico, the **tallest** mountain in Portugal, is also located in the Azores.
8. In the summer, the temperature in the Azores is **lower** than in the Mediterranean islands.

Task 3:

Students' own answers

Task 4:

1. are becoming / are
2. receive
3. are renovating
4. rains
5. has / is
6. is working

Exercise 3:

Task 1:

1. True
2. False
3. True
4. False
5. False
6. True

Task 2:

- | | |
|---------------|---------------------|
| 1. Right | 9. Blue Lagoon Road |
| 2. New Street | 10. Restaurant |
| 3. Right | 11. Right |
| 4. Right | 12. Park Street |
| 5. Welcome | 13. New Street |

6. Between

7. Left

8. Left

14. Left

15. Straight

16. Opposite

Task 3:

Students' own answers